

## FOUR QUESTIONS WITH

# Andrew Pilecki of Vail iV Wellness & Recovery

compiled by KIM FULLER • photo courtesy VAIL IV WELLNESS & RECOVERY

WHETHER A QUICK transition to high-altitude living or a fun night out has your head hurting, Vail iV Wellness & Recovery specializes in administering intravenous infusions in your home, lodging or office to get your well-being back in balance.

Vail iV Wellness & Recovery was founded in fall 2020 by Andrew and Kristin Pilecki. They live in Avon full time — Kristin is a registered nurse and Andrew is a firefighter.

“We moved to the valley in 2016 after Kristin finished her Bachelor of Science degree in nursing and public health, and after I served as a naval officer,” Andrew shares. “We founded the business with the idea that we could use our backgrounds to conveniently administer treatments to support short-term recovery and promote overall wellness to both locals and visitors in a number of ways.”

Each infusion is designed to meet a specific need such as altitude sickness, an immunity boost, athletic performance, hangover, anti-aging and neuro-regeneration, and overall wellness

“Our business brings together the effectiveness of IV treatments, the professionalism and clinical experience of registered nurses, and the amenity of convenience and comfort,” says Andrew. “In addition to IV treatments, we offer vitamin shots and supplemental oxygen.”



Vail iV Wellness & Recovery  
founders Andrew and  
Kristin Pilecki.

IN REGARD TO OUR OVERALL WELLNESS, REGULAR IV TREATMENTS ARE A GREAT WAY TO FLUSH OUT TOXINS AND REPLENISH OUR BODIES WITH ESSENTIAL VITAMINS AND MINERALS.

All of the treatments are administered by registered nurses — those who are practicing healthcare professionals that regularly work in a clinical environment.

“We also want to aid in a client’s overall experience by making sure they are comfortable and have what they need during their treatment,” explains Andrew, “whether that’s playing with their kids while they get their treatment, giving advice on where to head on the mountain, places to eat and drink, or the best way to get around town.”

**VAIL VALLEY HOME:** *How can the offerings and services help visitors achieve wellness and recovery?*

**ANDREW PILECKI:** Whether you are visiting and want to make the most of your time here or are a local who wants to be at their best, we suit both.

For visitors, it’s a great way to give your body some love in the form of needed fluids, hydration, vitamins, minerals and nutrients during a vacation. Let’s be honest, while we’re on vacation we put our bodies under more physical stress and strain than we normally do, from long days on the slopes to the eating, drinking and late nights enjoying time with family and friends; and then start all that off with adjusting to

the altitude. We've had people tell us they're so glad for us because they can actually ski tomorrow and continue to enjoy their vacation rather than taking a day or two adjusting and recovering.

**VVH: What about local residents?**

**AP:** For locals, here in the valley we generally live healthy and active lifestyles. IV treatments are a great way to add to our overall wellness. Though we're healthy, our bodies still need to recover after activities such as ski touring, hiking and camping. In regard to our overall wellness, regular IV treatments are a great way to flush out toxins and replenish our bodies with essential vitamins and minerals.

Our membership program was designed with locals and second homeowners in mind



*Treatments are administered in the privacy of your home or hotel room.*

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“WE FOUNDED THE BUSINESS WITH THE IDEA THAT WE COULD USE OUR BACKGROUNDS TO CONVENIENTLY ADMINISTER TREATMENTS TO SUPPORT SHORT-TERM RECOVERY AND PROMOTE OVERALL WELLNESS TO BOTH LOCALS AND VISITORS IN A NUMBER OF WAYS.”

who want treatments on a regular basis. Members receive discounts on IV treatments, add-ons, and for family and friends who want to join them for a treatment. Treatments do rollover for those that are in and out of town. This is handy to have for some regular wellness treatments or for those times we get to get together and enjoy a hard day on the mountain or a long bike ride — with, of course, some food and beverage to follow.

**VVH: What are some of your most popular offerings?**

**AP:** A popular treatment is the Myer’s Cocktail. The Myer’s Cocktail is a comprehensive mixture of fluids, vitamins, minerals and antioxidants which has been shown to be effective in treating a wide range of conditions. It is great to use as a recovery treatment or as a regular overall wellness treatment. In addition to the Myer’s Cocktail, popular add-ons are oxygen and the Amino Acid Blend.

**VVH: What is the best way for clients to work with you amidst COVID-19 restrictions?**

**AP:** As can be expected we

do have some additional measures in place, but clients can call or schedule online and we can walk them through our COVID-19 policies and procedures. These procedures aren’t too cumbersome for the client but there are some additional polices and steps we have to take. Our COVID-19 Safety Polices and be found on our website and clients can always feel to call to get details.

We normally do group treatments to get everyone at their best for their trip, event, wedding or meeting. We’re still able to treat small groups but we have to ensure they are within Eagle County COVID-19 restrictions.

We’re proud to serve the area by being locally owned and operated. Though we’re small, there’s something special about being able to hire locals and create opportunity for others, while providing a quality service and experience for locals and visitors. **VVH**

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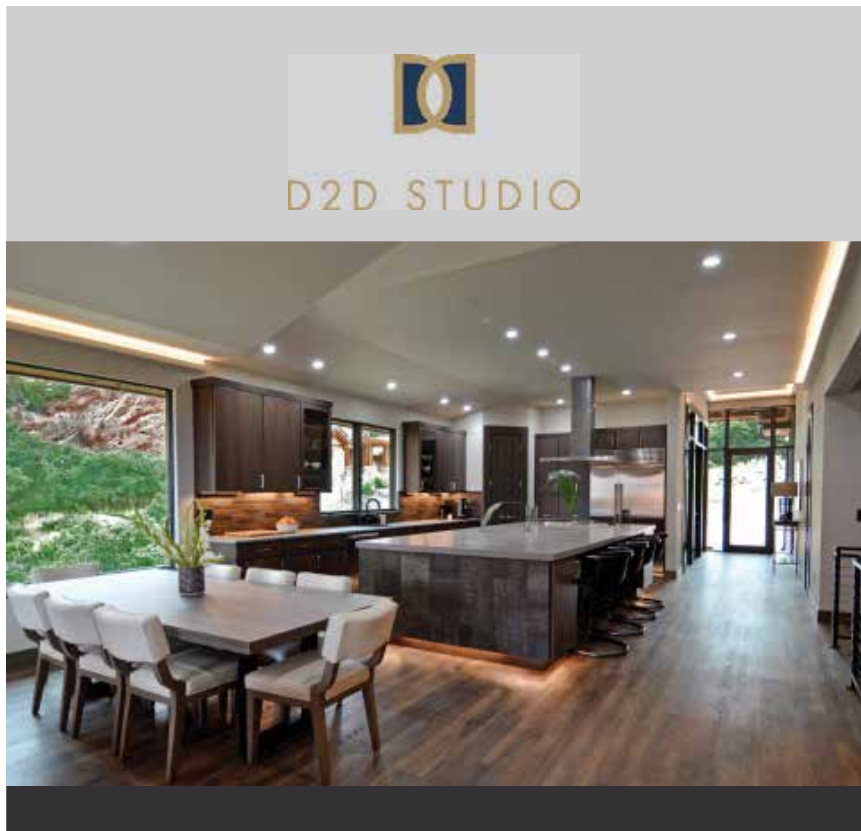
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